



CLIENT SHOWCASE

THE COUNTRY CLUB OF FAIRFAX

Fairfax, VA

vibrant community, sought to enhance its fitness amenities to meet the evolving needs of its members. With a focus on blending style, functionality, and durability, CCF partnered with Ardent Fitness to transform their fitness center into a modern and inviting space.

The Country Club of Fairfax (CCF), known for its stunning facilities and

The collaboration between the Country Club of Fairfax and Ardent Fitness has resulted in a fitness center that combines luxury with functionality.

Members now enjoy a space that not only looks great but also supports their fitness goals, making the CCF fitness center a key attraction within the club.

Ardent Fitness is proud to have contributed to this transformation, helping the Country Club of Fairfax offer an elevated fitness experience that aligns with the club's commitment to excellence.

SERVICES PROVIDED BY ARDENT FITNESS:

- Fitness equipment
- Fitness flooring







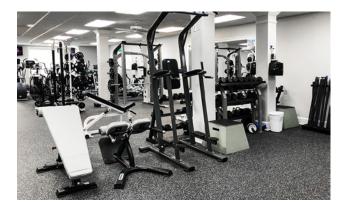
Custom Branded Flooring

To reflect the prestige of CCF, Ardent Fitness installed custom branded flooring, adding a personalized touch that reinforces the club's identity. This branding not only enhances the aesthetic appeal but also fosters a sense of belonging among members.



Functional Fitness Equipment

Ardent Fitness supplied state-of-the-art fitness equipment that meets the diverse needs of CCF's members. From strength training machines to cardio equipment, every piece was selected for its quality, durability, and user-friendliness.



Space, Planned

Understanding the importance of flow and accessibility, Ardent Fitness provided comprehensive layout planning and consultation services. The result is a thoughtfully arranged fitness center that optimizes space and ensures that members have easy access to all areas, enhancing their overall workout experience.



Easy-to-use. Easy on space.

Nautilus Instinct® Series of strength equipment is a full line of intuitive machines with easy adjustments, offering users a quick and complete workout.





Star Trac Virtual Bikes

The Star Trac Virtual Bike combines a state-of-the-art commercial-grade group cycle built with a 21" touchscreen display to create the ultimate cycling workout experience for club members.



Flooring That Fits

Ardent Fitness installed multiple types of flooring throughout the facility to cater to different workout needs. From high-impact areas to cardio zones, each section was outfitted with flooring that maximizes comfort, safety, and performance. Here, wood-look fitness flooring adds to the overall look and feel of the studio space.



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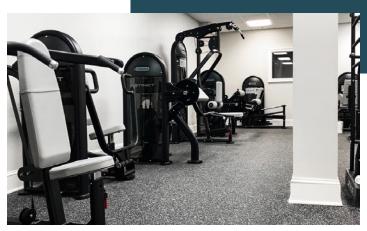


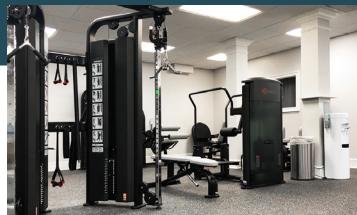
"Vinny and the team at Ardent Fitness have completely revitalized the Country Club of Fairfax's fitness center. They managed every detail of the renovation, from start to finish, with exceptional care and professionalism.

Ardent Fitness handled it all—installing new flooring, painting the facility, removing the old equipment, and seamlessly bringing in and setting up our brand-new equipment. They also took great care in moving back our existing equipment, ensuring everything was perfectly in place.

The transformation of our fitness center has been remarkable, and our members are thrilled with the new and improved space. Thanks to Vinny and his team, the entire process was smooth and worry-free. We're beyond satisfied with the results and excited for our members to enjoy the upgraded facilities!"

Ryan Taber
DIRECTOR OF FITNESS
The Country Club of Fairfax













EQUIPMENT PROVIDED



STAIRMASTER4G Stepmill with 10"
LCD Screen



STAR TRACVirtual Bike



NAUTILUS INSTINCT®

Dual Leg Press/Calf Raise



NAUTILUS INSTINCT®

Dual Leg Extension/Leg Curl



NAUTILUS INSTINCT®

Dual Inner/Outer Thigh



NAUTILUS INSTINCT®Dual Biceps Curl/Triceps
Extension



NAUTILUS INSTINCT® Dual Lat Pull Down/ Vertical Row



NAUTILUS INSTINCT® Chest Press



NAUTILUS INSTINCT®
Shoulder Press



NAUTILUS INSTINCT®

Dual Adjustable Pulley



NAUTILUS INSTINCT®

Dual Abdominal/Lower Back



NAUTILUS INSTINCT® 45° Back Extension



EQUIPMENT PROVIDED



NAUTILUS INSTINCT® Adjustable Abdominal Decline Bench



NAUTILUS INSTINCT® Multi-Adjustable Bench



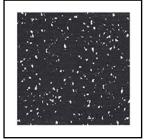
TKO VKR Power Tower



тко Multi Hip



TRUE FITNESS True Stretch 800SS Club



ECORE Basic Fit Roll Rubber Flooring (Grippin Gray)



ECORE Heritage Motivate PVT Flooring (Smokey Taupe)



ZOGICS **Antibacterial Disinfecting** Gym Wipes



ZOGICS Upward Pull Wall-Mounted Dispenser

CREATE YOUR FITNESS SPACE

From country clubs like The Country Club of Fairfax to larger fitness facilities at major $universities\ or\ multi-family\ housing,\ as\ well\ as\ home\ fitness\ spaces,\ Ardent\ Fitness$ is here to help with the entire process, from space planning and design to fitness equipment selection, delivery, installation, and service.



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