



## CLIENT SHOWCASE

### CKO KICKBOXING

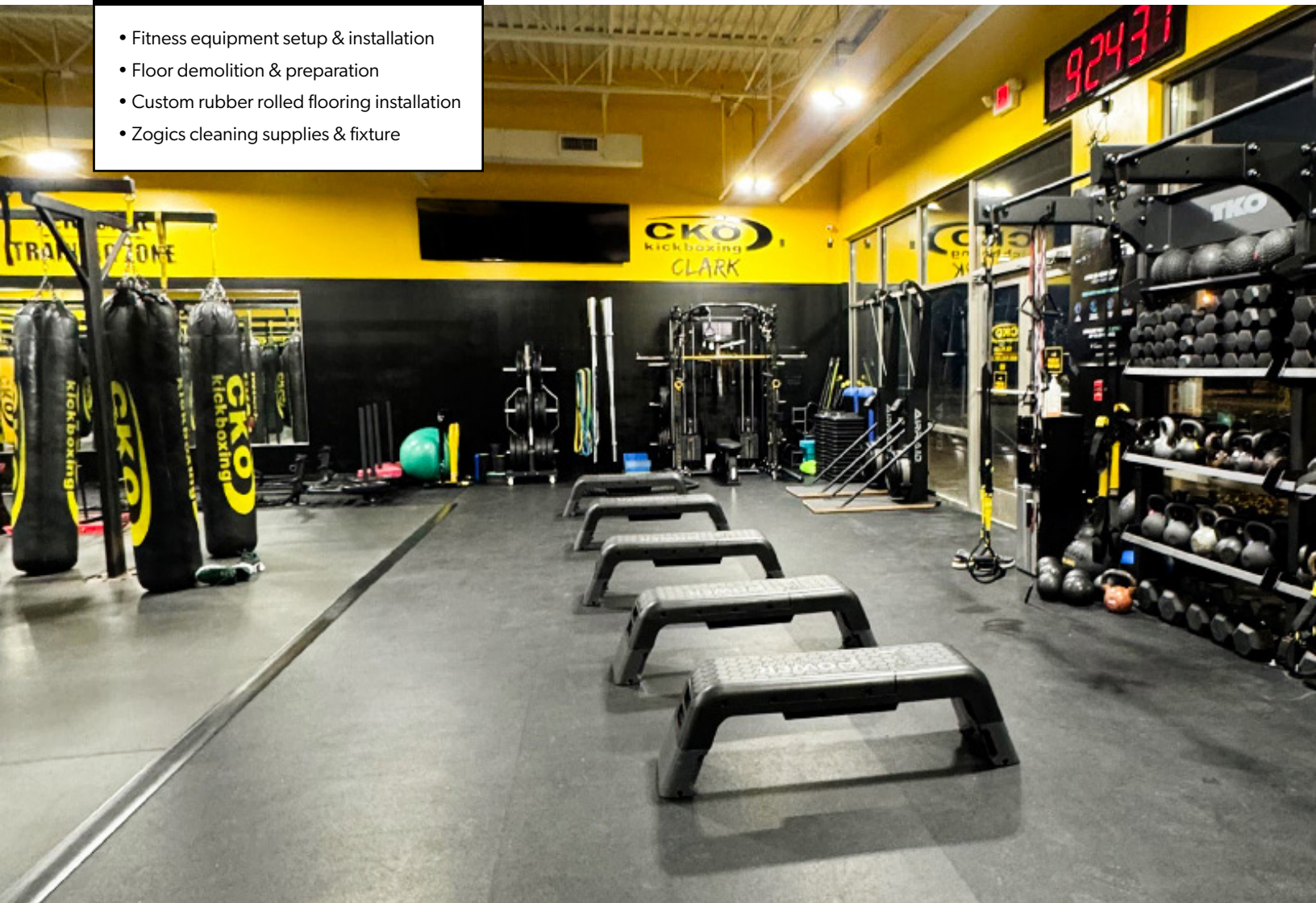
Clark, NJ

Ardent Fitness partnered with CKO Kickboxing to bring their vision for a dynamic training space to life. This project involved a full flooring transformation, fitness equipment delivery, and expert installation to create a safe, functional, and motivating workout environment for members.

Our team handled the entire floor demo and prep process, setting the stage for high-performance flooring that withstands the toughest workouts. We installed Ecore premium rubber flooring throughout the space and added a dedicated Ecore turf area to support CKO's diverse training programs. To complete the project, we delivered and installed all-new fitness equipment, plus a TKO double suspension bay, a versatile centerpiece for strength and conditioning exercises.

#### SERVICES PROVIDED BY ARDENT FITNESS:

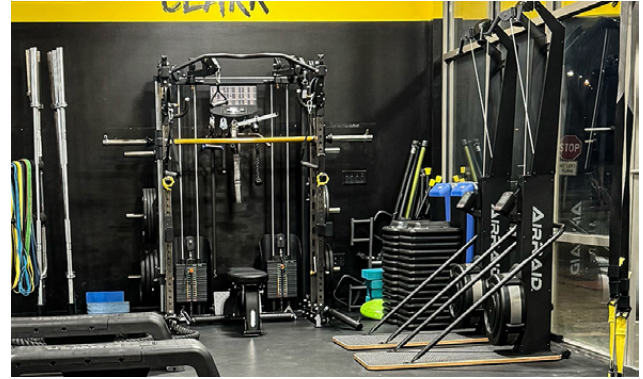
- Fitness equipment setup & installation
- Floor demolition & preparation
- Custom rubber rolled flooring installation
- Zogics cleaning supplies & fixture





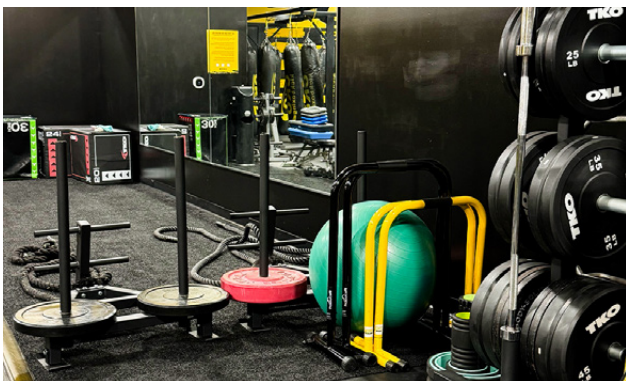
## Strength Meets Function

The TKO double suspension bay provides CKO members with a sturdy, versatile station for strength and conditioning.



## A Space for Every Workout

The AirRaid Ski Trainer takes center stage, offering a full-body, low-impact cardio workout that builds strength and endurance.



## Turf for Versatility

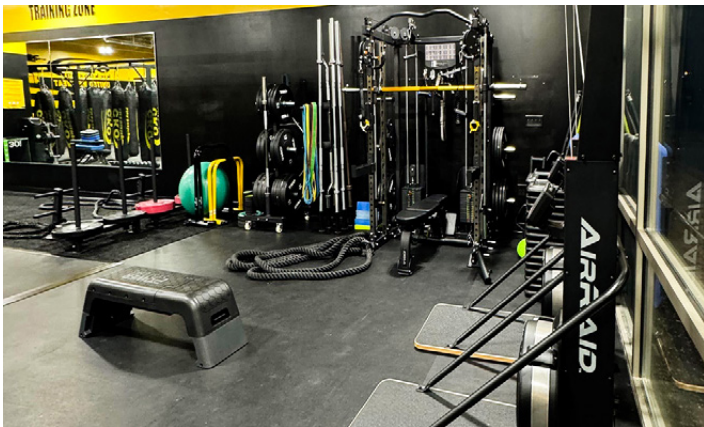
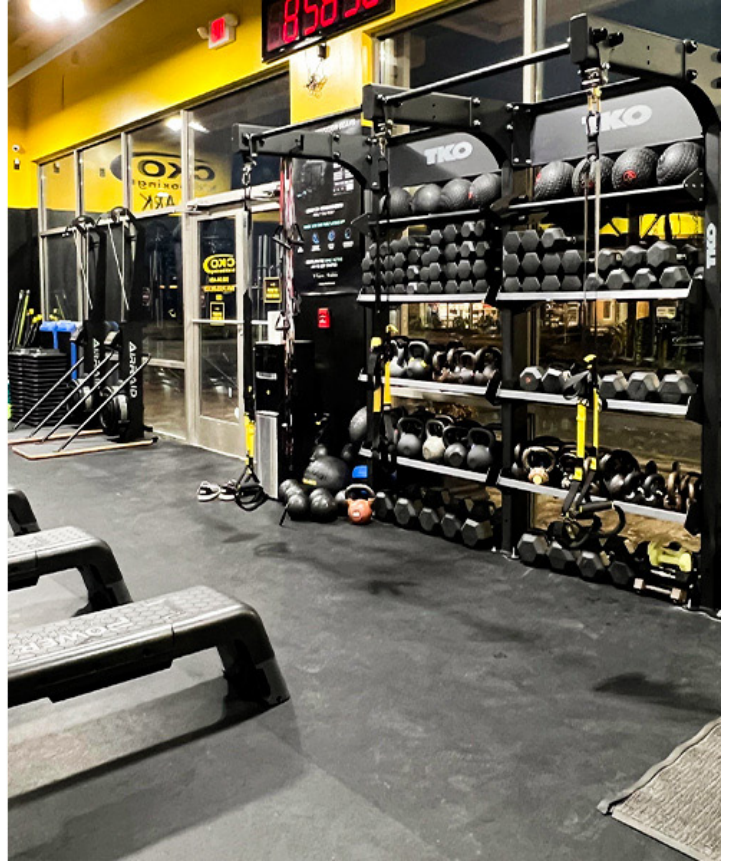
A dedicated turf area enhances the space, giving members room for functional training, warm-ups, and cool-downs.



## Built to Perform

We installed high-performance rubber flooring throughout the gym, delivering durability and shock absorption for high-impact kickboxing classes.

# ARDENT FITNESS



## EQUIPMENT PROVIDED



**HUDSON STEEL**  
Miami Super Gym



**TKO**  
Double Suspension Bay



**TKO**  
FID Bench



**TKO**  
AirRaid Ski Trainer



**TKO**  
10lb Tyre Slam Ball



**TKO**  
15lb Tyre Slam Ball



**TKO**  
20lb Tyre Slam Ball



**TKO**  
4kg/8.8lb Cast Kettle Bell



**TKO**  
6kg/13.2kg Cast Kettle Bell



**TKO**  
8kg/17.6lb Cast Kettle Bell



**TKO**  
12kg/26.4lb Cast Kettle Bell



**TKO**  
16kg/35.2lb Cast Kettle Bell



**TKO**  
20kg/44lb Cast Kettle Bell



**TKO**  
24kg/52.8lb Cast Kettle Bell



**TKO**  
28kg/61.6lb Cast Kettle Bell

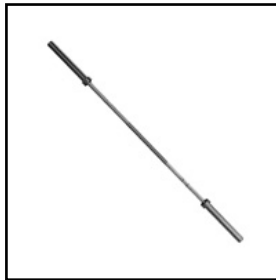


**TKO**  
Tri-Grip Rubber Hex  
Dumbbells

## EQUIPMENT PROVIDED



**TKO**  
Bumper Plates



**TKO**  
Heavy Weight Power Bar



**TKO**  
Bumper Plate Rack w/Wheels



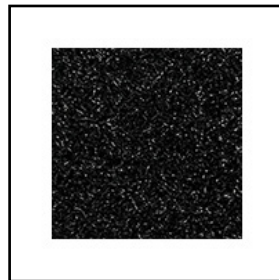
**TKO**  
Push Sled



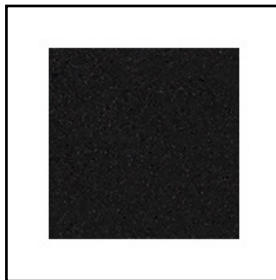
**TKO**  
3-N-1 Soft Plyo Box Set



**POWER SYSTEMS**  
Deck Bench



**ECORE**  
RageTurf Motivate Black




**ECORE**  
Performance Rally Roll Black



**ECORE**  
Ecore E-Grip III Adhesive  
Bucket

## CREATE YOUR FITNESS SPACE

From fitness spaces like CKO Kickboxing to larger fitness facilities at major universities or multi-family housing, as well as luxury home fitness spaces, Ardent Fitness is here to help with the entire process, from space planning and design to fitness equipment selection, delivery, installation, and service.

 (888) 429-7759

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