



CLIENT SHOWCASE

GREATER RICHMOND TRANSIT AUTHORITY

Richmond, VA

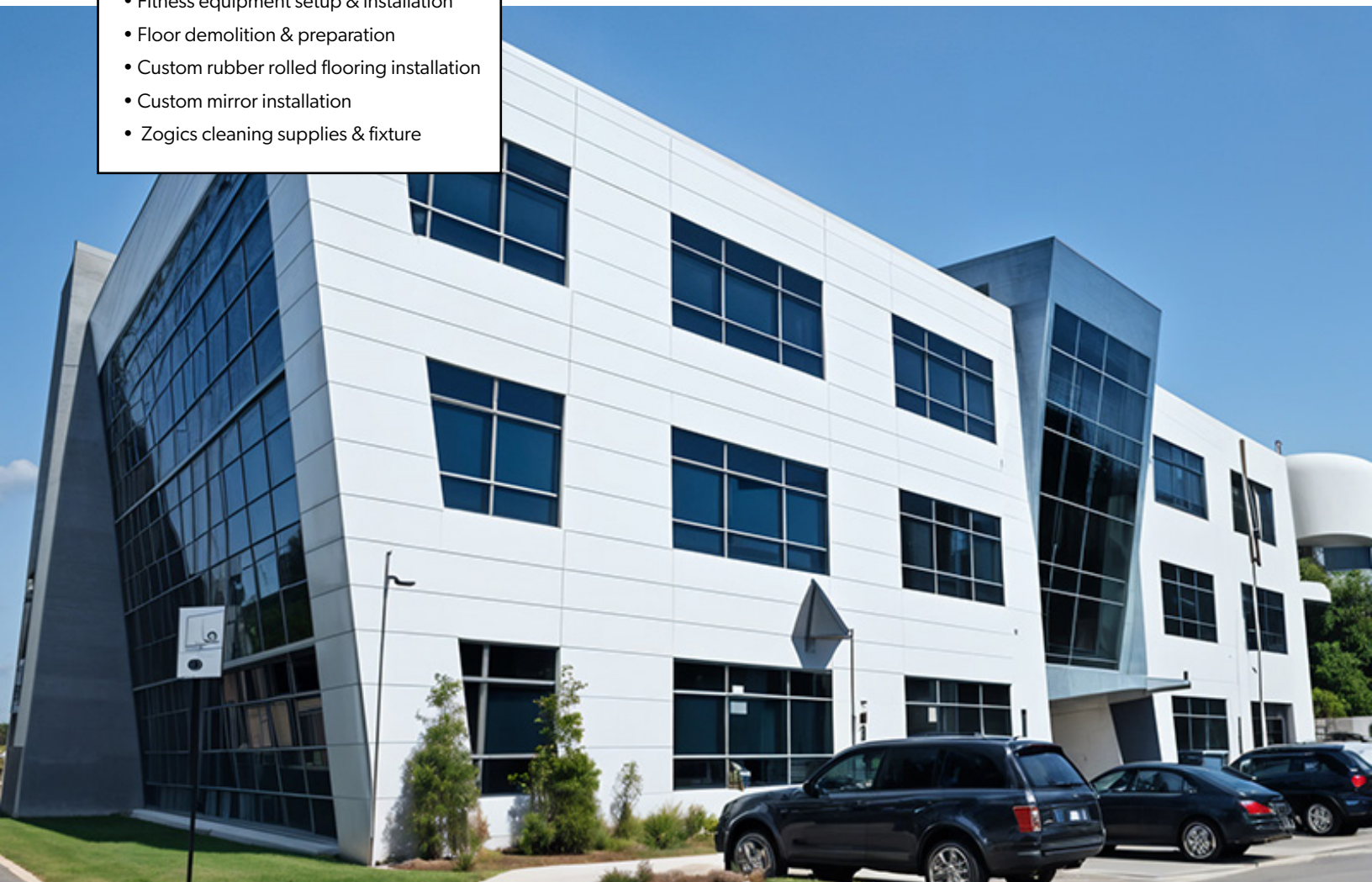
SERVICES PROVIDED BY ARDENT FITNESS:

- Fitness equipment setup & installation
- Floor demolition & preparation
- Custom rubber rolled flooring installation
- Custom mirror installation
- Zogics cleaning supplies & fixture

Ardent Fitness had the pleasure of partnering with the Greater Richmond Transit Authority (GRTC) to transform their employee break room into a vibrant fitness amenity. This renovation brings a variety of cardio and strength training options to employees, encouraging a healthier lifestyle right at their workplace.

The project encompassed several key steps. First, we removed the existing flooring to make way for a fresh, functional space. Floor prep followed, essential for a seamless installation of the new rubber flooring. Our team then installed high-quality, durable rubber flooring that provides a safe and comfortable workout environment. A diverse range of cardio and strength training equipment was delivered and expertly installed, creating a fully functional fitness area for all employees to enjoy.

The transformed fitness amenity now serves as a central hub for employee wellness, promoting physical activity and fostering a community spirit among the team at GRTC.





Durable & Reliable

Ecore's "original" recycled composition rubber fitness floor, used throughout the facility, sets the standard for performance, quality, and affordability.



Forward Progress

The Star Trac TR Treadmill is the perfect pick for the space. In the background, custom mirrors were installed to help users with their workouts, and perform double-duty by making the space appear larger.



A Variety of Fitness Equipment

From Batca and TKO strength training to Star Trac cardio equipment, every piece was selected for its quality, durability, and user-friendliness.



Complete Expert Installation

Our efficient install team made quick work of the installation and setup of the entire space.



Fitness That's Functional

The self-guided equipment shares space comfortably with the strength training equipment, giving users a full workout that meets their fitness needs.

EQUIPMENT PROVIDED



STAR TRAC
4TR Treadmill



STAR TRAC
4RB Recumbent Bike



STAR TRAC
4CT Cross Trainer



BATCA
Omega Four Stack Multi-Station Gym with Leg Press



PRISM FITNESS
Studio Deluxe Self-Guided Commercial Package



NAUTILUS
Instinct® Flat Bench



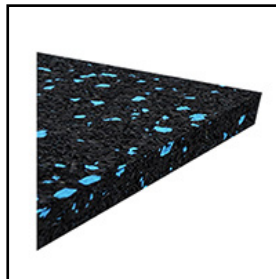
NAUTILUS
Instinct® Multi-Adjustable Bench



TKO
10 Pair Signature Dumbbell Saddle Rack



TKO
10-Sided Rubber Dumbbell




ECORE ATHLETIC
Basic Fit Roll Rubber Flooring



ZOGICS
The Cleaning Station

CREATE YOUR FITNESS SPACE

From fitness spaces like GRTC to larger fitness facilities at major universities or multi-family housing, as well as luxury home fitness spaces, Ardent Fitness is here to help with the entire process, from space planning and design to fitness equipment selection, delivery, installation, and service.

 (888) 429-7759

 ardentfitness.com

 hello@ardentfitness.com

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