



## CLIENT SHOWCASE

### SEA VIEW LUXURY RENTALS

Dania Beach, FL

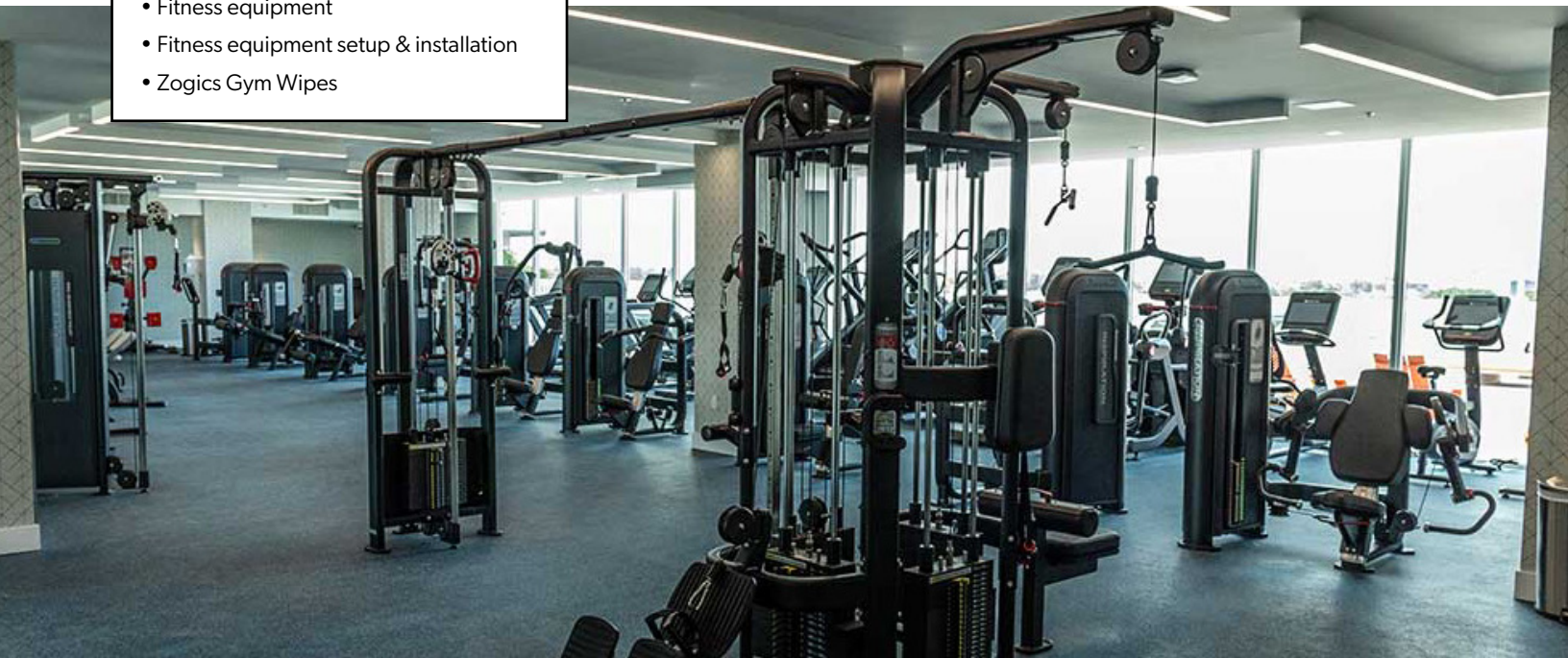
#### SERVICES PROVIDED BY ARDENT FITNESS:

- Commercial gym design
- Fitness equipment
- Fitness equipment setup & installation
- Zogics Gym Wipes

When luxury meets fitness, the result is nothing short of spectacular. Milton & Associates' Sea View Luxury Rentals in picturesque Dania Beach, Florida, understands the importance of providing its residents with the very best amenities. That's why they turned to Ardent Fitness for a complete fitness facility transformation.

Selected by Sea View Luxury Rentals to completely overhaul their 3,000 sq ft, 24/7 fitness center, Ardent Fitness embarked on a mission to bring a visionary fitness center to life. Every aspect of the fitness center, from its overall look and feel to the cutting-edge fitness equipment, was carefully chosen to match Sea View's aesthetic.

The end result is a fitness amenity that seamlessly blends with the opulence of Sea View's surroundings, offering residents a one-of-a-kind experience. Residents can now experience the future of fitness with state-of-the-art equipment like connected cardio machines, strength training equipment, and so much more.





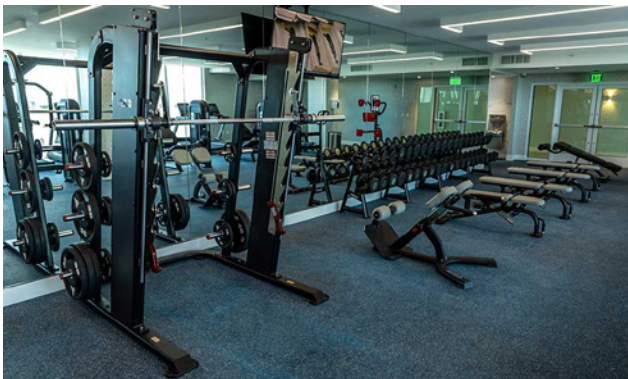
## Star Trac cardio equipment

4 Series treadmills, cross trainers, recumbent bikes, and upright bikes were provided to support a variety of cardio exercises for Sea View's residents.



## Stairmaster 10 Guantlet Stepmills

One of the most popular pieces of commercial fitness equipment, the 10G Stepmill, provides gym members with challenging workout options that are proven to burn more calories than running, swimming, and walking.



## Strength training with Nautilus, Throwdown, and Hampton Fitness

A full club pack of Hampton Fitness dumbbells and saddle racks, Throwdown olympic plates, Nautilus adjustable benches, and a Nautilus Smith Machine offer high quality equipment to improve strength.



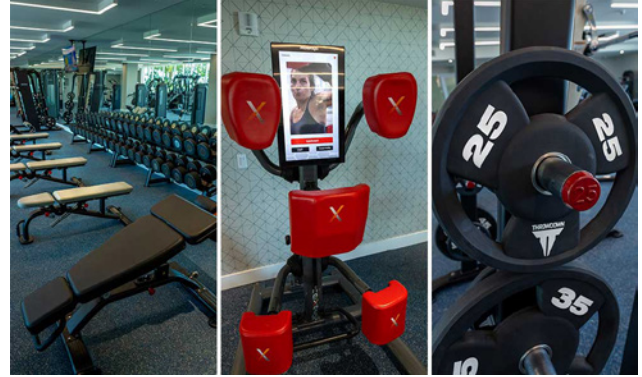
## Nautilus Inspiration — A stronger first impression

Sea View's fleet of Nautilus Inspiration equipment delivers an outstanding strength circuit. With modern aesthetics and carefully crafted design, the Inspiration line is a member-loved set of strength training equipment.



## Huge variety. Small footprint.

The Nautilus 5 Station provides a total workout experience and commercial feel while maximizing space. Features like swiveling pulleys on the Lat Pull Down, Low Row, and Triceps Press and fully adjustable pulleys on the Cable Cross Over make this multi-station an economical, space-saving solution.



## Nexersys N3 Commercial: A great alternative to a cardio & strength workout

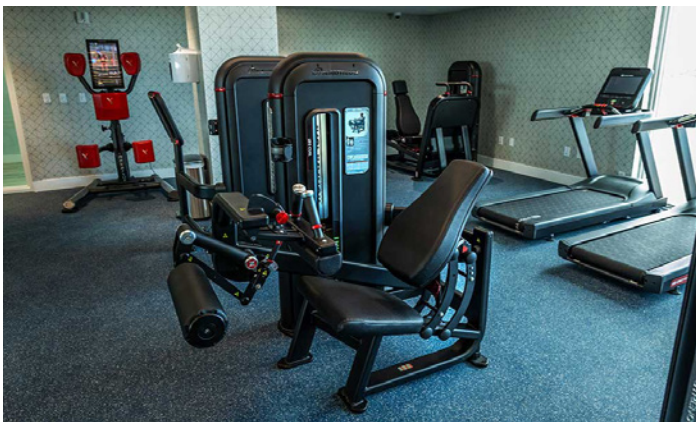
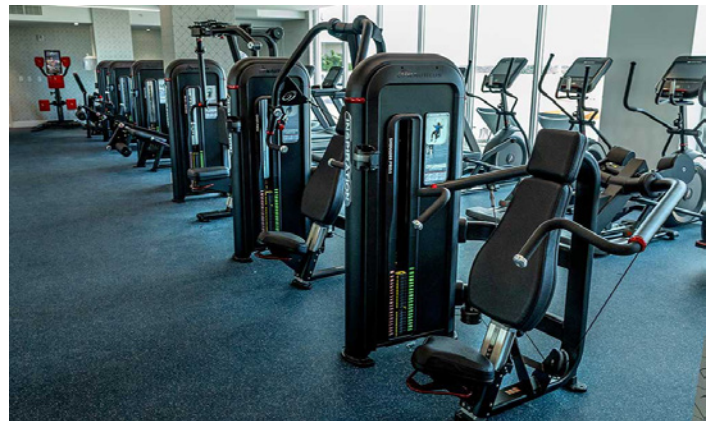
Complimenting strength training options from Nautilus and Throwdown is the N3 Commercial—a personal coach/sparring partner that provides multiple strike zones, durable commercial materials, and a touchscreen tablet.



## Commercial accessories from Prism Fitness

Mats, stability balls, exercise bands, and more are all stored neatly in the Prism Fitness Smart Deluxe Self-Guided Package.

# ARDENT FITNESS



## EQUIPMENT PROVIDED



**STAR TRAC**  
4 Series Treadmill



**STAR TRAC**  
4 Series Cross Trainer



**STAR TRAC**  
4 Series Recumbent Bike



**STAR TRAC**  
4 Series Upright Bike



**STAR TRAC**  
8VS VersaStrider



**STAIRMASTER**  
10 Guantlet Stepmill



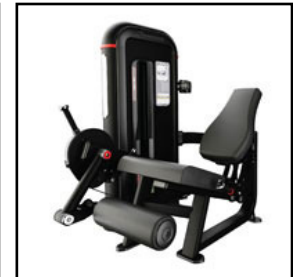
**STAIRMASTER**  
HIIT Rower



**NAUTILUS**  
Inspiration Glute Press



**NAUTILUS**  
Inspiration Seated Leg Curl



**NAUTILUS**  
Inspiration Leg Extension



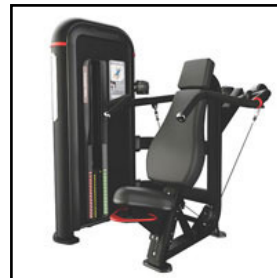
**NAUTILUS**  
Inspiration Leg Press



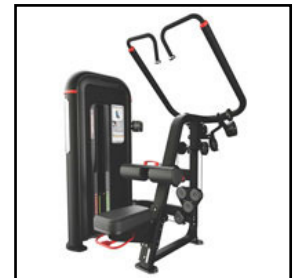
**NAUTILUS**  
Pec Fly/Rear Delt



**NAUTILUS**  
Inspiration Chest Press



**NAUTILUS**  
Inspiration Shoulder Press



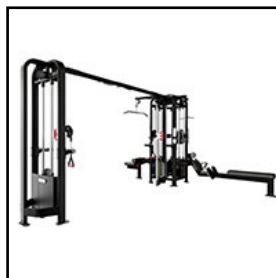
**NAUTILUS**  
Inspiration Lat Pull Down



**NAUTILUS**  
Inspiration Bicep Curl



**NAUTILUS**  
Inspiration Tricep Extension



**NAUTILUS**  
Five Station



**NAUTILUS**  
Inspiration Dual Pulley



**NAUTILUS**  
Instinct Multi-Adjustable Bench

## EQUIPMENT PROVIDED



**NAUTILUS**  
Adjustable Decline Bench



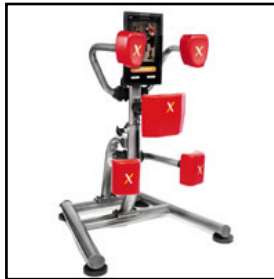
**NAUTILUS**  
Back Extension



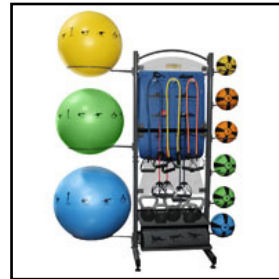
**NAUTILUS**  
Smith Machine



**THROWDOWN**  
Olympic Plates



**NEXERSYS**  
N3 Commercial



**PRISM FITNESS**  
Deluxe Smart Self Guided  
Commercial Package



**PRISM FITNESS**  
Smart Mat Rack + Mats




**HAMPTON FITNESS**  
Gel Grip Dumbbells +  
Saddle Racks



**HAMPTON FITNESS**  
Urethane Coated  
Kettlebells + Rack

## CREATE YOUR FITNESS SPACE

From multi-family housing like Sea View to larger fitness facilities at major universities or country clubs, as well as curated home fitness spaces, Ardent Fitness is here to help with the entire process, from space planning and design to fitness equipment selection, delivery, installation, and service.

 (888) 429-7759

 [ardentfitness.com](https://ardentfitness.com)

 [hello@ardentfitness.com](mailto:hello@ardentfitness.com)

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