

CLIENT SHOWCASE

THE RITTENHOUSE SAVOY

Philadelphia, PA

SERVICES PROVIDED BY ARDENT FITNESS:

- Fitness equipment
- Fitness equipment setup & installation
- Zogics Gym Wipes

A state-of-the-art fitness center is a must-have amenity for residents in multifamily facilities. The team at Ardent Fitness completed a renovation of the fitness center at The Rittenhouse Savoy in Philadelphia, PA, a beautiful high-rise condominium that houses 226 units. They updated the space with a variety of cardio and strength equipment from top brands like True, Hoist Fitness, and more to reconfigure Rittenhouse Savoy's gym.

The result? A brand new functional space for residents of all fitness levels to enjoy as part of the condo's long list of premium offerings.



"It was a pleasure to work with Evan and his team at Ardent Fitness to upgrade our Fitness Center. Evan was attentive to our needs and responsive to our questions. The Fitness Center has been transformed into a beautiful amenity for the residents of our building!"

— Irena Wight, Rittenhouse Savoy

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TRUE

Cardio equipment revamp

Rittenhouse Savoy brought in a new fleet of treadmills and ellipticals to their fitness center. New high-definition consoles provide workout programs, interactive videos, and integrated technology and entertainment options.

An organized cardio layout

Achieving an effective layout in your space helps separate certain types of workouts and also promotes a safer experience with well-defined, easy-to-navigate spaces.



Striding toward fitness goals with new ellipticals

The small and compact footprint of their new elliptical allows for placement in tight spaces where a traditional front or reardrive elliptifcal may not work.



Transitioning to strength training

Rittenhouse Savoy balanced their upgraded cardio area with new strength training equipment from Hoist Fitness.

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Hoist Fitness HD Dual Series & Commercial Freeweight Lines

The HD 3000 Functional Trainer and CF-3753 Smith Machine provide a wide range of workout possibilities by offering selectorized and free weight options. TKO kettlebells and a 3-tier dumbbell rack from Hoist Fitness round out this strength training area.



Hoist Fitness helps members hit their fitness goals with versatile training options

The HD 3000 Functional Trainer and CF 3753 7 Degree Smith Machine from Hoist Fitness support all types of exercise routines and promotes safe strength training.



Support all fitness levels and types of workouts

Additional machines from Hoist Fitness's HD lineup like the Leg Extension/Leg Curl, Lat Pulldown/Mid Row, Multi-Press and more present even more options for full body workouts. The Self Guided Commercial Package from Prism Fitness is a great system that stores medicine balls, stability balls, resistance bands, and more accessories.



EQUIPMENT PROVIDED



HOIST FITNESS HD 3000 Functional Trainer



HOIST FITNESS HD 3400 Leg Extension/ Leg Curl



HOIST FITNESS HD 3403 Leg Press/Calf Raise



HOIST FITNESS HD 3300 Chest Press/ **Shoulder Press**



HOIST FITNESS HD 3200 Lat Pulldown/ Mid Row



HOIST FITNESS CF 3753 7 Degree Smith



HOIST FITNESS **Fitness Tree**



HOIST FITNESS HF 5461 60" Dumbbell Rack 3 Tier



тко Pro Cast Kettlebells



PRISM FITNESS Smart Essential Self-Guided **Commercial Package**



ZOGICS Upward Pull Wall Mounted Wipe Dispenser



ZOGICS Antibacterial Disinfecting Gym Wipes

CREATE YOUR FITNESS SPACE

From condominiums like Rittenhouse Savoy to larger fitness facilities at major universities or health clubs, as well as home fitness spaces, Ardent Fitness is here to help with the entire process, from space planning and design to fitness equipment selection, delivery, installation, and service.















